

Greetings In Recovery,

This has been a wonderful year for SWINA. Our events were well attended. Our groups are going strong. Our message is reaching out to the addicts who still suffer from addiction. As a representative of SWINA I would personally like to thank each and every one of you who participated in making this year a complete success, at the group level and at the area level, as well as world wide. In our daily lives we touch people through our actions and our words and living the message of recovery as well as speaking it gives hope to those who feel they have none.

Every person no matter how new or old, no matter how wise or faithful, no matter how courageous or scared helps carry the message to the addict who still suffers just by trying to work the steps and trying to follow the traditions of Narcotics Anonymous. Every person in NA is important and every person in NA should feel welcomed when they walk into a meeting anywhere in this world and we do that so well here. I have heard wonderful feed back about the meetings in the SWINA area and how well everyone does at making the newcomer feel at home. It's wonderful to see so many of those addicts returning to meetings and partaking of this wonderful gift of recovery that NA has to offer.

We started off this year with our New Years Celebration and went on from there with a Valentines Dance, a Learning Day, the St. Patty's Day event, the Annual campout the Zonal forum, the Gratitude Dance, the Christmas Bash and so many more events I can't even get them all in here. At every event the newcomers were welcomed and brought into the fellowship with such warm feelings and whole hearted caring that even those that chose not to come back at this time still felt the warmth and kindness that was offered to them by a member of NA.

SWINA would like to thank all of the Area Representatives who give their time to help ensure that the message gets spread to as many addicts as possible. SWINA would like to recognize and thank all of the Groups in our area because you are open no matter what the weather is. Even if its storming on the outside of the building you can always find recovery inside of one and that is truly a gift. SWINA would also like to thank all of the volunteers who gave freely of their time and energy and money to help make this year as great as it was. We appreciate all that you do without you the message might not be heard. For the Sponsors and Sponsee's who bonding and fellowship and courage show the suffering addicts in this world that there is hope out there if they would only seek it a heartfelt thank you. SWINA would lastly but certainly not least like to recognize and thank everyone who helped to carry the message no matter how small your part because carrying the message is what it is all about.

I pray that as this year comes to a close we all remember the reason that we are here to stay free from active addiction just for today and to carry the message to the addicts who still suffer. That each and every one of you enjoys all the blessing of the season and remembers to keep coming back it works if you work it.

IN LOVING SERVICE,

SWINA EXECUTIVE COMMITTEE

Southwest Iowa Narcotics Anonymous December 9, 2007

- I. **Open with prayer** –Mike V.P.
- II. **Reading of**
 - A. Service Motivation –Sari M..
 - B. Twelve Traditions – Mary R.
 - C. Twelve Concepts –Tasha S.
 - D. **Roll Call / Visitors:**

Roll Call:

Executive Committee:

Chairperson	Mike VP
Vice Chairperson	Absent
Secretary	Anita T.
Treasurer	Bart W.
RCM	Sari M.
RCM Alternate	Mick B.

Groups

Reaching Out	Absent
New Way	Tim C.
On the Right Track	Absent
Stairway to Freedom	Absent
Visions of Hope	Absent
Clean & Free	Absent
Miracle on High	Michele B.
Straight & Grateful	Absent
Never Alone	Gina
Nobody's Group	Lisa.
Miracles of Recovery	Absent
Clean & Serene	Absent
Discovery Group	Todd B.
Just For Today	Absent
Living Clean	Mike R.
Saturday Serenity	Lynn F.
Roosters in Recovery	Absent
New Freedom	Absent
Straight Edge	Absent
Straight Friends	Absent
We Do Recover	Absent

Subcommittees:

Literature Chairperson	Angelo T.
Activities Chairperson	Mary R.
H&I / P.I. Chairperson	Open Position
Phoneline Chair	Monica T.
Guidelines Adhoc	Bart W.
Web Servant	Dave
Metro Services Adhoc	Barry B.

Visitors:

Tim L.
Tasha S.

Simple Recovery	Absent
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Corrections & Approval of Minutes: MOTION: Michele B., 2nd Gina C. approve November 2007 minutes with the following corrections. Change approval of minutes listing because Dana was absent. Gary R. was not for activities treasurer. 8/0/0-- Motion carried.

Executive Committee Reports:

Chairperson: Hi Area. I;m mike I am an addict. Life is busy and I was not able to attend the gratitude dance. I did hear that it was a good time. I was able to attend the metro are, there was spirited discussion which the Adhoc Chair will cover in his report. I attended the Regional Service Committee. It was very informative and a long road trip but a good time. Grateful to Serve ILS Mike VP ASC Chair

Vice Chairperson: Absent

Secretary: Greetings and happy holidays SWINA. Things are going great currently. We have gotten up to speed on everything, however we still do not have all the group re-registration forms back yet. So

if you haven't gotten yours too me, I would appreciate you doing that ASAP. Minutes are going out on time and I appreciate all the flyers I have received by mail. Thanks, ILS, Anita T.

Treasurer: Greetings Area. The treasury has in the realm of \$150.00 in it but owes the RSO a bill of nearly \$250.00 so we should suspend ordering until we have caught up our debt. I have enclosed our financial report so you can see what has been going on. The audit I did on the Literature account came out ok. We do however have a balance remaining at the Show Me RSO of \$252.25, which will be paid through the ASC Account. (See addendum 1) ILS Bart W.

RCM: Greetings. My report is very short the Basic text workshop was very poorly attended. A couple in recovery and the DJ that came to set up joined my workshop otherwise attendance was zero. We donated the printed versions as items for raffle at the gratitude dance. I will not be attending the function in Dec. and the RCM Alt. will need to fill in if available. I have copies of the pamphlets that will be reviewed at that function. I will get them to whomever will be facilitating by next Friday. I have to work both Friday and Saturday and again I apologize for my inability to serve. As I had stated I was unable to attend the last Region so I will let Mick give his report on this I hope everyone has received a copy of the new literature prices and the info on medallions if not please let me know. I will send you in the direction of someone that can help. The CAR is coming in January in McPherson, KS. I need to ask if this will be something this body wants the RCM or Alt to attend. If so I need to make a financial request for the cost of attendance. I do not have a breakdown of that cost but I am sure that the estimated cost has been researched as others will plan to attend. If they could share that estimation with me I would appreciate the help. I have provided a \$22.00 receipt for the cost of printing that was over and above original cost. ILS Sari M.

RCM Alt: See addendum 2 ILS Mick B.

Sub-Committee Reports:

Literature Chair: Hello Area. Besides the 3 books (1 Basic Text, 1 How and Why, and 1 JFT) that were sold nothing has changed with the literature so I have again enclosed that addendum for you. ILS Angelo T (Addendum 3)

Literature Treasurer Report: none

Activities Treasurer Report: included with activities report.

Activities: Greetings ASC from the activities Committee. All is going well our next function will be December 15th @ Timothy Lutheran Church on 31st and Broadway. This function is hosted by the activities committee. Please bring a side dish to share. It starts at 3 pm with an IP's review, and then food and fellowship. Please bring your raffle item gift wrapped. We will have gifts for the kids with a visit from Santa. I had to pay Timothy Lutheran \$60.00 for the church for the December 15th function out of my own pocket because I did not get a check sign for the old account and they needed it last month. Lets talk about the Gratitude dance. The hosting groups did not show up and help out at all, but it turned out well. We made \$383.00 out of that we paid \$150.00 to the DJ and \$75.00 rent to the church, \$38.00 for the pop and \$20.00 for start up funds. We have opened a checking account for SWINA Activities with both Nate and myself as signer. I will bring a signature card for the area chair to sign. We opened it up with \$75.00 and have \$24.00 cash in the cash box for Saturday. If you add the entire total together it will be the \$383.00 we made. The check to camp Aldersgate was never received I talked with her and told her we will send another one out on Monday December 10th 2007. I would like for someone on the old account to write 2 checks one for \$60.00 to get back the rent for the church and one for \$350.00 to SWINA Activities to bring the account back up to where it needs to be and it will close out the old account. Also have someone on the outside of this area do an audit of that account. Please remember if you are hosting a function you need to be there to help out with setup and clean up. We do not have anything going on in January and maybe a swim party in February.

\$350.00 old account plus \$75.00 new account plus \$24.00 start up plus \$60.00 for Timothy Lutheran equals \$509.00 total ILS Mary R.

H&I/P.I.: Position vacant.

Phone Line Chair: Dear ASC, Once again only one person showed up at the subcommittee meeting and that was Tim L. We decided to wave his clean time and make him the Vice Chair person with the approval of the ASC. If there are no objections, he will continue in this position. He has attendee every meeting and carries the phone on an ongoing basis. His input to the subcommittee is extremely important. We have decided to have a learning day on January 12th at 1:00 pm at 3000 Farnam, Omaha Nebraska. Hopefully some will attend. We will need at least 2 weekday and 2 weekend carriers. We also went over the budget for 2008 and came up with a monthly budget of \$140.00. This includes the phone bill, rent and all other expenses that go along with the phone line. We have a tentative schedule of who will carry the phone and when. Hopefully we won't have to stray from that schedule much. Other than that I wish more of you would attend the phone line sub committee ILS, Monica T. see flyer.

Guidelines Adhoc: The enclosed paperwork is the revised copy of the guidelines as requested by SWINA. These guidelines will be up for a vote next Area. If you got your minutes emailed to you, there will be a link to the guidelines on the web. Also there was a reimbursement of \$100.00 for the benches and signs we paid for due to an error in accounting. ILS Bart W.

Web Servant: no report

Metro Services Adhoc: Greetings Area after much discussion we have decided to dissolve this Adhoc committee because there was not enough support for this Adhoc to continue its work in this area thank you for the opportunity to serve. ILS Barry B.

Group Reports:

Friday Night Discovery Group: no report ILS Todd B.

Never Alone Group: Greetings from Harlan's Monday Night Never Alone Group. The Monday night group had a business meeting after the Gratitude Dance and it was decided that if we as a group decide to bid on a function, we are agreeing to participate as a group, and show up and help with that function. As the group GSR I personally apologize to Sari & Mary for not helping and appreciate their efforts in cleaning up and setting up at the Gratitude Dance. We have an area donation of \$58.83 and a lit order of \$22.70. ILS Gina C.

New Way Group: New Way Group is doing fine. Our attendance has been steady we had a 5 year B-day and a couple of new comers. My concern for our area is minutes we were unable to review upcoming info due to no minutes. How can I be a part of the solution? We are in need of no Lit at this time and have no area donation. ILS Todd B.

Nobody's Group: Greetings Area from Harlan Thursday Night's Nobody's Group. I will no longer be GSR after this month. Thank you for allowing me to serve. Meeting attendance continues to be strong. We don't have an Area donation or lit order this month. Merry Xmas ILS, Mel P.

Miracle on High: Greetings Area. The Miracle on High Group is going pretty good. We are experiencing some growth with several members attending regularly. Our growing pains have sprouted some solutions. The Miracles Group now offers much diversity in our meeting formats such as a Basic Text study, It Works topics, JFT, Open Topics, Speakers an IP study and one going over well is Just For Tomorrow. It was found through group conscience that the member attending had heard the Just For Today several times by the time they went to a 10 pm meeting, so now ...a solution. Feedback on the changes has been positive. The group is currently in need of a GSR, and will choose representation on a monthly basis until this position is filled. Due to our smaller group size, at this time we are meeting in the Living Room Area which has also enhanced our meetings. As we grow we have options to move back to a larger setting until then it really feels "at home" at the meeting. The miracles Group has a \$20.00 donation for the Area today. ILS, Michele B Representative for the Miracles Group. See flyer.

Saturday Serenity: Hi SWINA from Saturday Serenity. Our meeting still continues to struggle with attendance. But we continue to carry the message. Had a great time at the Gratitude Dance, and look

forward to the Christmas Bash. I have included my email address so we are able to get the minutes. good meeting. ILS Lynn F.

Living Clean: Meetings range from 5-19 members. We also celebrated over 40 years of clean time during November. Please correct name in printed Meeting List. Donating \$20.00 to Area ILS Mike R.

Visions of Hope: Greetings from Vision Of Hope Group. Our group has decided to close 3 meetings as of December 16, 2007- those meetings being closed are as follows:

Tuesday Noon

Wednesday Noon

Thursday Noon

The decision to close these particular meetings range from issues that include: lack of attendance, and/or lack of sharing/participation from the members attending those meetings. Next during today's sharing session we would like to discuss moving the location of our ASC meetings to a town outside of Council Bluffs such as Harlan for example. Then for new business we would like to put forth the motion to dissolve the Metro Guidelines Adhoc. We at the VOH do not believe that this Adhoc subcommittee takes into consideration the wants and needs of our members and our meetings outside of Council Bluffs. It seems that when our SWINA ASC was moving into H&I, the metro Adhoc became more focused and driven into PR work. We need to truly listen to our members that do not reside in Council Bluffs and fully support other group's desires to carry the NA message, such as Harlan looking into H&I work, or the fact of why this Adhoc was formed. We would also like to discuss in detail, the \$100.00 over-payment to ENNA from SWINA and why all of the details are not in our ASC minutes. Visions Of Hope would also need to ask why the H&I liaison motion presented by Dave R. Web servant at our October ASC was never discussed at the November ASX as that motion did have a 2nd and then was tabled but never brought back up and that needs to be addressed today under unfinished business. We'd also like to remind the ASC that we did also nominate Tim C. for H&I Liaison Sub Committee Chair Person and that the nomination also had a second on it. Our group has decided to send our monthly donation directly to world due to the Iowa Region deciding not to send a regional donation to World at our last regional meeting. Visions Of Hope believe this is a critical time with the conference coming up and no donations should be withheld from our World Services. ILS Dana and Rusty

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- VI. **Financial Requests:** motion to approve \$22.00 Sari M. for Printing costs, \$15 for Mick B. to buy Conference Agenda Report Todd B. 2nd Gina C. 7/0/0 Request for \$17.54 by Secretary.

Moved to Break:

VII. **Sharing Session**

- A. Discussion of PR sub-committee and what it is multiple comments explaining.
- B. Discussion of RCM Report from region. Our Area was stated in H&I Subcommittee as maybe being willing to host H&I Learning Day. We as an area stated that we were not willing. Issue has been cleared up will not be misspoken again.
- C. Motion to extend Sharing Session to leave time to discuss casino issue Sari M. 2nd Tim C. 7/0/0
- D. Casino issue discussed multiple groups spoke; Area Consensus "NO" do not hold functions at casinos.
 - Could cause addicts to relapse
 - Personally wouldn't attend function at casino because of other addictions
 - Addicts suffer from multiple addiction tendencies we are asking for trouble
- E. Attached also is a report from Tasha S. from attending the PR subcommittee on ENNA side.

VIII. **Unfinished Service**

A. Open Positions:

- a. H&I PI Chairperson
- b. Literature Chair

B. Nomination:

- H&I PI : motion by Michele B. 2nd by Lynn F. to nominate Gina C. from Harlan resume included in the minutes

- Motion by Rusty S. 2nd Mike R. to nominate Tim C. from Council Bluffs

Motion to close nominations for H&I PI Michele B. 2nd Tim C. passed **7/0/0**

Phoneline Vice Chair: Tim L. has been appointed to this position as long as there are no objections from SWINA.

- Literature Chair motion by Tim C. to nominate Tim L.

Nominations still open

C. Discovery Group Motion Defeated **0/7/0**

D. Gary S. Resume submittal removed due to lack of attendance.

Motion to extend area Mick B. 2nd Michele B. passed **7/0/0**

IX. **Current Service:**

A. Motion by Miracle on High (**see addendum 4**) Motion brought forth by Michele B. 2nd Tim C. passed **7/0/0** see attached motion.

- RCM is willing to ask groups that aren't at area if they would show up if area meeting was moved back to Grisewald

Motion then tabled until next Area

B. Motion by Michele B. 2nd Mike R. to let treasurer pay bill we owe RSO passed 7/0/0

C. IP's Review dropped due to region having taken care of -no discussion.

X. **Announcements / Flood Meetings:**

December Atlantic: **Cass County Hospital - (Main Entrance, 2nd Floor Room 2) - Atlantic, IA**

January Red Oak: **Faith Community Church - [2701 N. 8th St.](#) - Red Oak, IA**

If you would like a copy of the revised guidelines to look over before next Area go to [Http://www.SWINA.org/area.html](http://www.SWINA.org/area.html) and look under the heading SWINA Area service committee guidelines update. For those not getting the minutes by email I will have a hard copy in with your minutes. Thanks.

XII **7th Tradition:** \$12.00

XIII. **Adjournment:** Motion to adjourn Tim C. 2nd Michele B. passed **7/0/0**.

XIV. **Next ASC January 13th, 2008**

See attached flyer for PR purposes.

If you would like copies of the flyers please email me and I will get them to you, however most of them can be found on the website. If your not getting your minutes by email I will send a hard copy of them with your minutes. thanks

Respectfully Submitted,
Anita T.

