

Southwest Iowa Narcotics Anonymous
Minutes for November 8th, 2009

The meeting opened @ 2:35 p.m. by Laura W. with a moment of silence followed by the Serenity Prayer: Laura requested the following be read:

The Twelve Traditions were read by Kim
The Twelve Concepts were read by Jeff W.
The Service Motivation was read by Charlotte S.

III. Roll Call:

Executive Committee:

Chairperson: Laura W.
Vice-Chairperson: Brian V.
Secretary: Charlotte S.
Treasurer: George R.
RCM: Mike VP
RCM Alt.: Mike R.

Sub-Committees:

Literature Chairperson: Matt O.
Activities Chairperson: Vacant
IRCNA Bid Adhoc: Kim

PR Subcommittees:

H&I: Tim C.
PI: Jeff S.
Phoneline Liaison: Bill
Web-Servant: Absent

Groups:

Clean & Free: Absent
Discovery Group: Absent
Just For Today: Kim
Living Clean: Mike R.
New Freedom Group: Absent
Never Alone Group: Absent
Nobody's Group: Absent
New Way Group: Tim C.
On The Right Track: Absent
Reaching Out: Jeff W.
Saturday Serenity/Daylight Again
Don N.
Stairway to Freedom: Jessica
Straight Friends: Absent with report
Straight & Grateful: Absent
Straight Edge: Absent
Visions of Hope: Mary R.

Visitors: Tom

For the purpose of voting the minutes reflect 7 voting groups at the ASC today.

IV. Correction & Approval of Minutes: Mike R. motioned to approve minutes. Seconded by Don N. M/S/C/U.

V. Executive Committee Reports:

Chairperson:

Greetings Area;

Good to be here and happy to serve....I would like to commend the progress of our subcommittees work! Good Job!

Can't wait for the Gratitude Dance and the Christmas Party, again would appreciate any and all toy donations for the Xmas Party by next area if possible, thanks in advance!

In Loving Service;

Laura W.

Vice-Chairperson:

Greetings Area from your Vice-Chair, the Halloween Bash was fun and the turnout was good. I apologize for my absence last month, made a decision to visit with my grand children. Looking forward to the Gratitude Dance and would like for someone to step up to fill the Activities position.

In Loving Service;

Brian V.

Secretary:

Greetings Area from your Secretary;

Not much to report today. Minutes are done and here. Had a great time at the Halloween Dance.

In Loving Service,

Charlotte S.

Treasurer:

See addendum

RCM:

Hello Area I am Mike and I am an addict. The only things that need to be voted on at region that I can see are the nominations for secretary Mark F., there is a service resume attached, and treasurer Alicia E., I do not have a resume for Alicia which is more my fault than hers. She has been regional treasurer for two years and at one point was going to decline the nomination via a letter to the region which I have enclosed. Also I have enclosed the items for Regional PI from the Treasurer's reports from the last year as well as the annual breakdown of PI expenses:

Check # 1202	State Fair	Ullonda S.	\$155.63
# 1205	Fair Parking	Ullonda S.	\$ 40.00
#1206	PI Region	SCASO	\$200.70
#1211	Iowa Prison	Region Schedule	\$300.00
#1215	Booth Backdrop	John Stanley	\$290.00
#1222	State Fair Deposit		\$500.00
#1224	Ullonda S.		\$100.00

#1234

State Fair (Balance Due)

\$598.00

PI/PR Budget \$3,000.00

1. State Fair Payment 6/12/08 \$500.0
2. State Fair 6/28/08 \$598.00
3. Region Host Hampton 6/6/09 \$150.00
4. Region Host Des Moines 2/22/09 \$150.00 + \$100.00
5. Region Host Des Moines 11/15/09 \$150.00
6. Region Host SWINA 6/7/08 \$150.00

As for the follow-up report for the State Fair, we made contact with thousands of people; we handed out 1550 packets of literature and intro guides to NA and meeting schedules and Just for Today books.

Dear Region:

Thank you for the opportunity to serve this past 18 months, believe me, it has been an experience that NO addict should miss. Due to some health reasons and some conflict of interest that only seems to bother a select few, I am choosing to bow out of my nomination as your treasurer again for next year. I have been truly blessed for this position at it is a humbling experience. As for the audit, there was one contact with the CPA that was to do the audit, I happened to be ill that week and no further contact was made. I will be more than happy to follow through with next's quarter's report and forward any necessary information to the Region in February 09.

In Loving Service,
Alicia E.

Treasurer's Report Feb 09

PI Budget \$3000.00

Expenses: \$500.00 Fair Booth Balance
\$155.63 Expenses at the Fair
\$40.00 Misc. Expenses
\$300.00 Regional Schedules
\$290.00 Backdrop for Fair Booth

Balance \$1,116.37

Mark F. Secretary nomination qualifications:

Clean Date March 9, 1983

Service: I have had the honor of serving the fellowship as a GSR-Alt., GSR, Secretary, RCM Alt. and RCM, Chair, Vice-Chair, PI/PR Chair and as H&I panel member and Panel Leader for the NCIANA and various groups in our Area. At the Iowa Regional level I have served as Vice-Chair, Chair, RSR-Alt. (RD Alt.) RSR (RD), PI Chair and previous experience. I also have been involved with the IRSC Policy making and implementation from our first Policy package to 1997 which was my last experience. I have the time and resources to perform in this position. I have an NA sponsor and sponsor others in NA and only attend NA meetings.

Thanks,

Mark F.

In Loving Service

Mike VP

RCM Alternate:

Verbal report

Sub-Committee Reports:**Literature Chairperson:**

Verbal report given.

H&I Report:

Greetings Area, H&I met and we have a learning day in the works. Our subject of discussion will be panel leader orientation. My intentions are to make everyone attending be capable of being a panel leader. We encourage your attendance.

If you have any questions, comments or concerns please contact me @ 712.314.4244

Tim C.

PI Report:

We have 11 facilities to send letters out to; the H&I Chairperson and I will get together and contact them. We have 3 bids for the phone line. All of the goals for contacting places have been done. Sorry but will not be able to attend Region this time, because I am going to Boston, but will attend the next Region in February.

In Loving Service,
Mary R.

Phone Line Liaison:

Greetings Area:

Not much to report from Phone Line, Tim is still out of town taking care of his father's business. He should be back any time now. A new Vice-Chair was nominated and voted in that was Jim Mc. I sure would like to see more people from SWINA take more interest in this existing Phone Line before we went out on a limb and started our own. Just to find out we didn't have enough warm bodies to carry it or even have enough interest in even being on the Phone Line.

In Loving Service,
Bill S.

IRCNA Bid Adhoc:

Greeting Area from IRCNA Adhoc. At the December 09 Area meeting we will be coming up with a date to have a meeting at the Red Coach Inn in Red Oak, IA to form a committee for IRCNA 2012 bid. This will be for everyone interested in helping in this process. More information and fliers to come.

In Loving Service;
Kim P.

Group Reports:

Just For Today:

Greetings Area,

The Just for Today Group is doing fine. We still see from 6-12 addicts a week. We have a literature order for \$23.60. We have seen 3 newcomers this month. Looking forward to the Gratitude Dance. Just For Today will be giving \$100.00 donation for the Christmas Party.

In Loving Service,
Kim P.

Living Clean:

Living Clean would like to announce that we have a new meeting. Monday's at 8:00 p.m. at the Walnut Street Club in Shenandoah. Also we have been having 20 addicts on a regular basis. We have a small literature order today.

In Loving Service;
Mike R.

New Way Group:

Greetings Area;

New Way is doing well. We have an average of 6-12 addicts in attendance. We are currently on Step 5, we encourage your attendance. We have a situation with another group which has moved into our location. My only concern is their lack of communication with New Way as a whole. I believe anything is possible with spiritual principles in place.

Thanks for the ability to serve;
Tim C.

P.S. We have \$50.00 donation.

Reaching Out:

Hello All from Reaching Out Group;

Meetings are going well with 9-12 addicts attending. We had a good time at the Halloween Dance, thanks to everyone that made it work. We have no literature order and no donation at this time.

In Loving Service;
Jeff W.

Saturday Serenity/Daylight Again:

All is well.

In Loving Service;
Don N.

Stairway to Freedom:

Verbal report given.

Straight Friends:

Greetings Area;

Recovery is strong in Villisca and we are averaging 10-15 addicts per week and have celebrated yet another 8 year and 1 year sobriety birthday since we last met. Had a wonderful time at the Halloween Dance and regret my absence today. We have no literature order and no area donation today and look forward to the Gratitude Dinner and dance. Hope to see you all there.

In Loving Service;

Marcy K.

Visions of Hope:

All is well; we are having more addicts in attendance. Donations are still down but we still have an area donation of \$60.00 and a small literature order of \$9.79. We heard a new area will be asking to be seated at Region; we would like the RCM to ask a few questions.

1. Does the area have an active ASC that meets and operates by the Guide to Local Services?
2. Did the new ASC send a letter to the region detailing the following:
 - a. Reason the area is forming?
 - b. The number of groups in the area
 - c. RCM and RCM Alternate information
3. Will the area further our service efforts and communication such as NA Groups, H&I and PI.

And finally how many groups does it take to form a new area? There is no information in the Regional guidelines.

In Loving Service;

Mary R.

VI: Financial Request:

- A. Mike VP requests \$175.00 for expenses to attend Region for the RCM/RCM Alt. and the H&I Chairperson. This will pay for one night hotel and gas expenses with any left over money to be returned to the ASC. Motion to approve made by Mary R./seconded by Kim P. M/S/C/U.
- B. H&I request their entire \$75.00 budget for the Learning Day expenses. Approved expense no vote take.
- C. Laura W. requests \$8.63 for reimbursement of coffee and coffee cups. Approved expense no vote taken.

VII. Sharing Session:

- A. Group Updates-Charlotte stated that it has been a while since the ASC has updated their groups. Charlotte asked for a vote of confidence to get this done, and all agreed to have her do the update. Charlotte also asked about the group codes that are issued by the WSO

when a group registers with them. It was decided that the Group Codes will be put in the Guidelines as an addendum, and Mary was asked to create a mock up of the meeting list with the group codes so that the GSR's can see what that would like. It was also decided to have all group addresses with the WSO to be the Area Post Office Box address.

- B. Mary brought up the list of questions that Visions of Hope had for the Region regarding the new Area requesting to be seated. See Visions of Hope Report.

Tim C. called for a break/and this was seconded by everyone. 15 minute break.

The meeting was called to order @ 3:37 p.m. by Laura W. she requested a moment of silence followed by the Serenity Prayer.

Unfinished Service:

- A. **SWINA Meeting Lists-**They are complete and here today. Due to the increased amount of changes at the last minute, Mary only brought 30 meeting lists today. However there are some questions regarding policy of the meeting lists.
 - a. How long should a group be in existence before going on the meeting list? This is already covered in the SWINA Guidelines which state 3 months. However is there a distinction between meetings and groups in regards to the meeting list? For example if an existing group started a new meeting, is there a need for a 3 month wait to be included on the meeting lists? It was decided that this should be decided on a case by case basis.
 - b. How many changes on the meeting lists constitute a meeting list printing? Mike R. motioned that PI will print new meeting list when there are 3 changes or after quarterly review. Seconded by Don R. M/S/C/U.
- B. **Activities Chairperson Nominations:** Tabled again.
- C. **Regional PI Financial Breakdown of Yearly Budget:** See RCM Report
- D. **SWINA Phone Line:** Mary reported that the 3 quotes are here and she felt that this information should be included in the minutes for groups to review. There was much discussion regarding the phone line and are we ready for this, can we afford a phone line at this time? Charlotte motioned to table this issue for 90 days and revisit it again in March. Seconded by Mike R. M/S/C/U. Bill requested that there be a sign up sheet to pass out at the group level for addicts to volunteer to carry the existing phone line. Charlotte will get this signup sheet done. Tim C. asks that if we could put the requirements to carry the phone, Charlotte will get this done and send it out with the minutes.
- E. **Gratitude Dance:** Fliers have been done, and were present at the Halloween Dance as well as here today, a copy has been sent to the Web Master, and posted to the web. Thanks Lynn. Mary requested that a \$75.00 check be written to pay for the rental of the facility, and this needs to be done before the event.

F. Christmas Party: Will be held Saturday December 12th, 2009. Fliers have been done, and were present at the Halloween Dance as well as here today; a copy has been sent to the Web Master, and posted to the web. Thanks Charlotte. Laura stated that we need a PA system, because of the noise level at this event. Mary stated that she has a Karaoke machine, and that should do the job. We are taking donation for toys for the children at this event. Please bring any donations to the ASC in December.

G. Audit of Activities Account: The audit has been completed and the following is the report sent.

Mary;

Good job on the books. I only have one mistake that I found, that is .03 error when you carried over the balance from the previous page on 7/20/09 it should have been \$11.00 and \$11.03 which leaves you a balance of \$5.15 not \$5.18 other than that, no problems. The only concern I have is where you have made cash payments to people for services and reimbursements, you only have two signed receipts. I would suggest that you purchase a duplicate receipt book for such transactions. If you have any questions, feel free to call text or email or drop by or whatever other means you want. Great job.

In Loving Service,

Joe W.

H. Regional Nominations: Mike VP had service resume for Mark F. who is nominated for Regional Secretary (See RCM Report) after discussion vote was taken on Mark F.'s nomination. 5/0/2. RCM to vote yea on Mark's nomination. Mike VP did not have Alicia's resume as reported in the RCM report. After discussion on Alicia's nomination as Regional treasurer a vote was taken on the nomination. 0/7/0. RCM to vote nay on Alicia's nomination.

Mary requested that from this point forward if the RCM and/or RCM Alternate could make sure that qualifications be forwarded to the secretary for inclusion in the minutes so that group members could see the qualifications.

IX. Current Service:

A. Regional Donation: George reported that we received \$110.00 in donations last month and spent \$333.00. After making his recommendation Charlotte motioned that we send \$200.00 to Region, that motion was seconded by Kim. M/S/C/U.

B. Treasurer's Recommendations from Audit Report: George and Bart did not get together last month to go over these recommendations. Motion to table till the December ASC. Mike/Don M/S/C/U.

C. Members Area being seated at Region: Vote of confidence given if they meet all of the guidelines that are set forth by the RSC policy package. 6/0/1

X. Announcements/Flood Meeting: Flood meeting will be Monday night @ 8:00 p.m. in Shenandoah-303 Walnut Street.

XI. 7th Tradition: \$17.00

XII. December ASC: Laura reported that the church needs to use the space on December 13th, which is the day we are to meet. There was some discussion about keeping the same day and meeting at a new location, the Lite House in Council Bluffs was suggested. Charlotte motioned to have December ASC on December 6th, at Griswold, IA, motion seconded by several GSR's. M/S/C/U.

XIII. Adjournment: Motion to close made by Tim/seconded by all. November 09 ASC closed at 4:20 p.m. with the Gratitude Prayer.

See you at the Gratitude Dance and then again at the December ASC on December 6th, 2009, in Griswold, IA.

