

Southwest Iowa Narcotics Anonymous
Minutes for June 13th 2010

The meeting opened @ 2:30 p.m. by Laura W. with a moment of silence followed by the Serenity Prayer: Laura requested the following be read:

The Twelve Traditions were read by Mike R.

The Twelve Concepts were read by Dore R.

The Service Motivation was read by Mike VP

III. Roll Call:

Executive Committee:

Chairperson: Laura W.

Vice-Chairperson: Absent

Secretary: Open

Treasurer: George R.

RCM: Mike R.

RCM Alt.: Absent w/report.

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Sub-Committees:

Literature Chairperson: Mary R.

Activities Chairperson: Brain V.

PR Subcommittees:

H&I: Open

PI: Open.

Phoneline Liaison: Mike VP

Web-Servant: Dave R

IRCNA Bid Adhoc: Kim P

Groups:

Clean & Free Absent

Discovery Group: Dave R

Just For Today: Kim P

Living Clean: Absent w/ report

Miracles of Recovery: Absent

New Freedom Group: Absent

Never Alone Group: Nate M.

Nobody's Group: Absent

New Way Group: Mike VP.

On The Right Track: Jeff S.

Reaching Out: Absent

Saturday Serenity: Absent

Stairway to Freedom: Brain V.

Straight Friends: Ashley

Visions of Hope: Mary R..

IV. Correction & Approval of Minutes: No minutes to approve
For the purpose of voting the minutes should reflect 8 groups voting.

Executive Committee Reports:

Chairperson:

Greetings Area;

Sorry I wasn't here last month, but had a family matter to attend. Looking forward to the Lula and Swina and thanks to you all for being here.

In Loving Service; Laura W.

Treasurer:

Greetings SWINA:

The checkbook balanced at \$757.59, with 2 outstanding checks still out. Please deposit them.

(SEE ADDENDUM for Spreadsheet) ILS George R.

RCM:

SWINA RCM Report 06/13/2010

Greeting Family,

I have returned from Region with lots to tell you about.

First, the 2010 WSC.

Jamie and Amanda (our RD and RD-Alt) returned with LOTS of information to share after their week at WSC. So much so that they passed out CDs containing all the notes, presentations and minutes that they brought back. I am going to do the same. I have made 10 copies of these CDs to pass on to whomever wants them. I highly recommend going through them at your leisure. A couple of highlights:

1) NA has a new Vision Statement more in line with the Global NA community. A copy may be found on the last page of the "WSC 2010 Summary of Decisions" which is on the World Service Conference page under Service to Members on the NA website.

http://web.na.org/admin/include/spaw2/uploads/pdf/conference/WSC_2010_Summary_of_Decisions_post_WSC.pdf

A VISION OF NA SERVICE

All of the efforts of Narcotics Anonymous are inspired by the primary purpose of our groups.

Upon this common ground we stand committed.

Our vision is that one day:

- Every addict in the world has the chance to experience our message in his or her own language and culture and find the opportunity for a new way of life;
- Every member, inspired by the gift of recovery, experiences spiritual growth and fulfillment through service;
- NA service bodies worldwide work together in a spirit of unity and cooperation to support the groups in carrying our message of recovery;
- Narcotics Anonymous has a universal recognition and respect as a viable program of recovery.

Honesty, trust and goodwill are the foundation of our service efforts, all of which rely upon the guidance of a loving Higher Power.

2) Living Clean Project

The project is moving on and looking for input. They are currently pulling info for Chapter 7 "The Journey Continues". Discussion boards for the project can be found online at <http://naws.org/lc/>

3) One new member was added to the World Board

4) It was decided that a Traditions Working Guide would be developed.

5) The 2009 Membership Survey results will soon be available on the NA website.

6) There are currently around 600,000 members of NA. Over 300,000 of them are in Iran.

Now for Regional;

First, for those of you who know Jonna, she was unable to make it due to serious illness. I haven't received any current statuses, so please pray for her.

Committee budgets were presented and voted on. The PI committee was able to lower their budget by \$1000 dollars because they decided to quit printing/distributing Iowa Regional meeting lists. They will still be available on the website. This was decided because by the time each one was printed, it was already wrong. The RCM (me) will be responsible for communication to the Iowa Web servant for changes.

It was brought up that the 30th Anniversary Celebration of the Iowa Region was going to fall in June of 2011, which is when Region would be held in SWINA. There was much discussion about if the celebration should be held in conjunction with region or as a separate event. Then it was discovered

that the first Regional meeting was held in October, not June. It was decided that the celebration will be held then also. More will be revealed.

It was also voted that the IRCNA Standing committee would get and be responsible for their own tax ID number. They have been using the Regional number up till now and it has caused some confusion. The Vice-Chair for the Region, Peter B., has resigned. Since Elections will be coming up soon, it was agreed to just do without a vice-chair until then.

It was voted that \$806 will be donated to World.

One more thing; World Services will be holding several workshops on better communication in the near future for RDs. We are to bring it back to the area to ask if we want to fund our RDs to these workshops so that they can in turn bring the information back and hold workshops for us. I am of the opinion that this is exactly the kind of thing we have RDs for and therefore should allow it. The next Regional will be the 3rd weekend of August and will be held in Dubuque and will be 2 days. Being as this is over 6 hours away, and 2 days, we will be requesting gas and hotel. I am turning in a receipt for \$25.17 to cover part of the gas for this regional.

On a personal note, I would like to thank Mike VP and Brandon S. for the fellowship on the ride and the company as we scooped down copious amounts of Blue Bunny ice cream before leaving town. Mmm mmm Good!

- ILAS
- Mike R.

RCM ALT:

Greetings Area,

First of all I apologize for my absence. I had to work today. As RCM Alternate I attended the RCM Orientation, they had new information on writing reports. I hope it helps.

As RCM Alternate, it is suggested that I participate in which ever subcommittee is not attended by someone else in our area, for me it was the Literature subcommittee, and there is a lot of new literature in the works. The main piece of work is the "Living Clean" book. Chapters 3-5 are in review and they are asking for participation for Chapter 7. I have included a worksheet along with my report.

I asked about the Just For Today motion submitted by the Iowa Region, it was reported by the RD that the motion was brought to the floor at WSC during discussion and there wasn't enough support on the motion to be made during business, and it was also stated that possibly redoing the whole book would be a better option.

There seems to be a lot of interesting things happening in Lit for addict participation. A 12 Traditions Working Guide has passed at the World level and the project will start being assembled. Most of the request for this project came from Regions outside of the US.

The NA Way Magazine subscriptions will need to be updated because they are revising their database, cost of the subscriptions will be \$1.00 per group.

The Literature requested a \$300.00 budget for the year, and that passed.

Note: GSR's please check your literature racks for revised IPs. Also it would be beneficial for the Literature Stockpile Chair to check the lit order form for any revisions.

I appreciate the opportunity to serve, and thanks for your patience.

Thanks,
 Tim C.
 712.314.4244
 RCM Alternate

Sub-Committee Reports:

IRCNA Adhoc

Greetings SWINA, from the IRCNA Adhoc I have signup sheets for the GSR to take back to their groups. I would like to have them back by late Nov 2010. I will also have one at the Lula. We need a CoChair and a 2nd Treasure. More Will Be Reveal. ILS Kim P.

Literature:

SWINA Literature Report for June 2010 Beginning Bank \$58.56, Bag \$104.83. We Sold \$309.19 Total \$414.12 in bag after area Deposit on June 15th\$356.19 + \$58.56= Total in bank \$414.75 and \$57.93 in bag. Lit order came too \$433.31 deposit another \$20.00 leaving \$37.93 in bag. My starting cash every month will be \$40.00 Please try to bring the right amount of money will have little change to work with. Owe Vision of Hope 2 Basic Text. Please have Lit Order called or e-mail to me by Saturday @ 9pm before area. T he only lit that will be at area will be the ones that are filled from calling the lit chair. My number is (402) 699-4984. E-mail maryriyana3@cox.net

ILS Mary R.

Books		Stock	Sold	Order	Keytags		Stock	Sold	Order
1101	Basic Text Hard	6	8	11	4100	Welcome Keytags	83	23	50
1102	Basic Text Soft				4101	30 Day Keytags	42	17	25
1112	Just For Today Soft	5	5	5	4102	60 Day Keytags	77	15	
1140	It Works Hard	5			4103	90 Day Keytags	52	15	15
1143	It Works Soft				4104	6 Month Keytags	55		
1130	Sponsorship Book	2			4105	9 Month Keytags	63	6	
1400	Step Working Guide	8	6	3	4106	1 Year Keytags	44	15	8
<i>Booklets</i>					4107	18 Month Keytags	86		

1200	Intro Guide to NA	3			4108	Multi Year Keytags	87	25	
1500	White Booklet	89	25	75	<i>Medallions</i>				
IP 10	4 th Step Guide	11			4399	Eternity Medallion	3		
1600	The Group Booklet	27			4301	1 Year Medallion	19	2	
1601	Behind The Walls	35			4300	18 Month Medallion	18	2	
1603	In Times Of Illness	24			4302	2 Year Medallion	17	1	3
1604	NA A Resource.....	30			43XX	Medallion Years 4 yr.	18	1	2
<i>Information Pamphlets</i>					43XX	Medallion Year5 yr	20	6	2
IP 1	Who, What & Why	41			43XX	Medallion Year			
IP 2	The Group	75			43XX	Medallion Year			
IP 5	Another Look	60			43XX	Medallion Year			
IP 6	Recovery & Relapse	50			43XX	Medallion Year			
IP 7	Am I An Addict	29		21	<i>Service Handbooks</i>				
IP 8	Just For Today	117			1164	12 Concepts of NA	4		2
IP 9	Living the Program	65			2101	H & I Guidelines	0		
IP11	Sponsorship	53			2103	A Guide to PI	0		
IP 12	Triangle of Self- Obsession	29	7	28	2105	Literature Committee Handbook	0		
IP 13	For Young Addict by Young Addict	34		16	2106	GSR Handbook SWINA'S	3		
IP 14	One Addicts Experie	81	15		2107	Guide to Phone lines	0		
IP 15	PI & NA Member	50			2110	Group Treasurer Hand	0		
IP 16	For the Newcomer	50			9001	Group Treasurer's Workbook	7		
IP 17	For Those In Treatment	33		17	2111	Guide to Local Services	1		1

IP 19	Self Acceptance	48	7			Guide to Public Relations	0		
IP 20	H&I and the NA Member	39			<i>Miscellaneous</i>				
IP 21	The Loner	50			9130	Group Reading Set	3		
IP 22	Welcome to NA	25	25		9020	Group Starter Kit	3		
IP 23	Staying Clean on Outside	28	22		<i>(special order)</i>				
IP 24	What's the Basket For?	29				Group Business Meetings			
IP 25	Self Support	37		13		Group Trusted Servants Roles			
IP 26	Accessibility	30	20			Disruptive & Violent Behavior			
New IP	For Parents & Guardians	46				NA Groups & Medications			
Total Lit. Order		\$433.31							

Activities:

Greetings Area from Activities I'm here. The Lula is coming up on July 17th please bring raffle items and a side dish. Come camp or just for the day join in on the fun and fellowship and good recovery. SWINA XXV is coming together good. ILS Brain V.

PI:

Greetings ASC;

Had a Literature order from Jennie Ed Hospital for \$38 .This was one of the contacts we sent letters too. Hey if we got one new contact out of the ten (10) letters sent out we did our job.

Mary R.

PI Member

Phone Line Liaison:

Greetings SWINA Area from Phone Line Liaison

Hi everyone I am Mike I am an addict. I attended the phone line meeting on June 06, 2010.

Everything is going well with the phone. They are going to review the Phone line Guidelines and want to go over and approve the guidelines at the next phone line meeting. My suggestion is that those interested should review current guidelines and either get suggested changes and or concerns to me or send a representative to the meeting if you prefer. Phone line meets on the first Sunday of the month @ 6pm @ 1725 S. 60th Street, St Matthew Church, Omaha

ILS Mike VP.

Web-Servant:

Hello, All is well on the website. As always, I wish to remind everyone that this is your website. The quality of the site and accuracy of the info is directly a result of feedback from you. Since we are without a secretary, submissions are more important now.

In Loving Service,
Dave R.

Group Reports:

Discovery Group:

Hello, All is well in Discovery land. Attendance holds in at about 12-15. We are having good meetings and hope to see you there.

ILS
Dave R.

Just For Today

Greeting Swina from JFT we continue to see 8-10 addicts a week. We have a lit order for \$38.25. We had a 30,60 day and a one year this month. I also had my 50th birthday this month. Thank for all well wishes. ILS, Kim P.

Living Clean:

ASC - Living Clean Report - June 13, 2010

Greetings fellow SWINA members! Sorry I am not able to make the meeting this month, as I was not able to take the day off from work. Miss you all and hope you see you next ASC. We at Living Clean would like to thank all who attended the SWINA Memorial Day weekend campout near Shenandoah. Good times and great campfire meetings and fellowship! Hope to see you again in July at Pioneer Park for the Luau. Living Clean meetings are going well. Attendance at our Saturday night meetings are steady around 15 every week, we have seen several new faces in the last month and a couple old familiar faces returning to the tables. However, our Monday night meetings have trickled down to just a few in members the last several weeks. Living Clean has a Literature order of \$71.60 No Donations at this time. On a side note, I was invited along with Mikes R and VP this last weekend to Regional....WOW! What an eye opening and inspiring experience it was to see all the areas in action, working towards a common goal. Blood, sweat, and tears have gone into and continue to pour into this Region from very dedicated members. I am truly proud to be a part of this fellowship of Narcotics Anonymous!!! Yours in Loving Service, Brandon S
(712 246 8778 - 707 8th Ave Shenandoah, IA 51601 - blueboytrue82@gmail.com)

New Way:

Greetings Area, things are good. We welcome your attendance and hope you will come and share your recover with us. We are currently working out of the Step Working Guide, we are on step 10. No literature order and no donation. ILS Mike VP.

Never Alone Group:

Greeting area, from Harlan Monday night Never Alone Group. Meeting has been doing well with 12-15 addicts on average. We are excited for tomorrow night as it is our 21st Annual Anniversary meeting for this group. Rod L from Carroll will be our guest speakers for this meeting. I have been voted in as GSR and Rose has moved to alternate due to a busy schedule. I am looking forward to this service work again. ILS, Nate M.

On the Right Track:

Hello everyone. Things are going well meeting attendance is down somewhat due to seasonal factors and policy changes enacted by the men's RCF. Recovery however remains strong. We have a small literature order and no area at this time. ILS, Jeff S.

Stairway to Freedom

Hello area meeting hold together, we undergoing changes. Hope by next month things hopefully will be straightened out.

ILS

Brain V.

Straight Friends:

Greetings Area, Thank your for have me here today, I am the new GSR for the Straight Friends group out of Villisca. We have been averaging 10 addicts. There is a \$17.54 literature order, and a \$20 area donation. I'm very excited to be here servicing. I'm also interested in PI chair.

ILS Ashley

Visions of Hope:

Greeting Area from Visions of Hope All is well at Visions of Hope, we have about 5-10 addicts at our meetings. We have a small literature order and a donation today. ILS, Mary R.

VI. Financial Requests:

VII. Sharing Session:

. We talked about Area attendance issues. Laura will be calling the Vice-chair to see why he not attending area, to see if everything is ok with him.

We also talked about drafting a letter and sending out to group to see what we can do for them to come back to area.

Web servant asked that flyers and items be sent to him in electronic format so he doesn't have to scan them although he can.

We also talked about having a prudent reserve and not passing the 7th around at area. Instead we should have a set amount each month.

10 minute break reopened with moment of silence and serenity prayer.

VIII. Unfinished Service:

1. 4th Step Retreat Still has no host, but still having the retreat.
2. IRCNA Hospitality room will be hosted by SWINA from 11pm-1am.Saturday night
3. Swina logo color of t-shirt will be black and we voted on sweatshirts for this year.
4. PI Chair position still open no nomination given
5. Secretary position still open no nomination given
6. Iowa State Fair we will be manned the booth on Saturday August 2010. Please attend the State Fair training on July 17th at the Luau so you can help out.

IX. Current Service:

1. Motion made to have set amount of \$15.00 per month to be given to the Church for rent, and not to take 7th tradition at area anymore. Submit by George R. seconded by Vision of Hope Mary R. Motion carries
2. Motion made to set a prudent reserve of \$665.00 which is what we work off of for 3 months. Submit by Discovery Group Dave R.2nd by Living Clean Mike R. This required a guideline change, taken back to groups to vote on.
3. Laura W. to contact the area vice-chair by the next area
4. Mary R. requested an audit to be done on the Lit account. Joe W. will do it.
5. Phone line guidelines meet with Mike VP. About your concerns will bring back new guidelines to approved next area.

X. Next ASC JULY 11th, 2010.