

If you have problems finding any of these meetings please call one of the following in the area you are looking for a meeting in.

Atlantic

Tom

Clarinda

Brian V. (712) 621-7202

Creston

Carol T

Council Bluffs

Mary R. (402) 699-4984

Tim C (712) 314-4244

Jeff S. (402) 709-8024

Harlan

Holly S.(712) 571-0242

Rose Y.(712) 733-8482

Donnie N.(712) 755-5489

Red Oak

Colene L. (712) 623-1334

Shenandoah

Tim H (712) 215-1241

Brian V.(712) 621-7202

Villisca

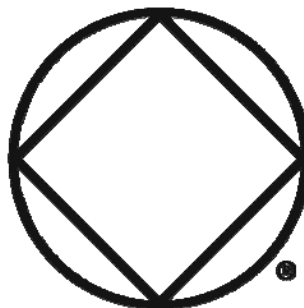
Laura W.(712) 303-0440

Brian V.(712) 621-7202

WHO IS AN ADDICT?

Most of us do not have to think twice about this question. WE KNOW. Our whole life and thinking is centered in drugs in one form or another, the getting and using and finding ways and means to get more. We use to live and live to use. Very simply an addict is a man or woman whose life is controlled by drugs. We are people in the grip of a continuing and Progressive illness whose ends are always the same: jails, institutions and death.

Narcotics Anonymous®



WHAT IS OUR MESSAGE?

*The message is
that an addict,
any addict,
can stop
using drugs,
lose the desire
to use,
and find
a new way of life.*

SWINA AREA



CALL THE HELP LINE FOR
MEETING UPDATES

402-660-3662

www.SWINA.org

NARCOTICS ANONYMOUS
HAS
NO AFFILIATION WITH ANY
OTHER ORGANIZATION
AND NO ENDORSEMENT
IS IMPLIED

